THE CENTER FOR COSMETIC NASAL SURGERY

Manhattan Otolaryngology Head and Neck Surgery
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212-861-3700
The Center for Cosmetic Nasal Surgery
DBA: Metropolitan ENT CARE PLLC
116-24 Metropolitan Ave., Kew Gardens, New York 11418
718-805-9500

The Initial Visit Form

First Name _____ Last Name _____
Address _____ City _____ State _____ Zip _____
Telephone _____ Email _____
What's your preferred method of contact? ☐ Mail ☐ E-mail ☐ Telephone

Medical/Surgical History

Please list all Medications you currently take: _____
Please list any Allergies to Medications: _____
Have you ever had prescription pain medicine before? ☐ Yes ☐ No If so, for what? _____
Please list any medical conditions that you are aware of: _____
Have you ever taken any allergy medicine? ☐ Yes ☐ No
Have you been treated for sinusitis ever? ☐ Yes ☐ No
Have you taken antibiotics for sinusitis in the past 24 months? ☐ Yes ☐ No
Have you ever taken any products like Afrin or Neosynhepherine nasal sprays to help you breathe better? ☐ Yes ☐ No
Have you ever taken any nasal steroid or prescription sprays? ☐ Yes ☐ No
Please list any surgeries that you have had: _____
Have you ever had issues with anesthesia before? ☐ Yes ☐ No
Do you smoke tobacco? How long? How much? ☐ Yes ☐ No _____
Do you drink wine, beer or liquor? Amount per week? ☐ Yes ☐ No _____
Are there any family or health issues you want the doctor to know about? ☐ Yes ☐ No If yes, _____

Nasal/Facial History and Issues

Have you ever had any facial trauma? ☐ Yes ☐ No
Have you ever had your nose broken or hit? ☐ Yes ☐ No
Do you have trouble breathing through your nose? ☐ Yes ☐ No
Is there a side of your nose that seems to breathe better? ☐ Yes ☐ No ☐ Don't Know
Do you have trouble breathing through your nose when you exercise? ☐ Yes ☐ No
Do you awake with a dry mouth regularly? ☐ Yes ☐ No
Do you have or have ever had nosebleeds? ☐ Yes ☐ No
Do you have trouble finding glasses that fit your nose well? ☐ Yes ☐ No
Are you limited to the type of frames for glasses that you can buy because of the shape of your nose? ☐ Yes ☐ No
Does your nose get sunburned easily? ☐ Yes ☐ No
Does your forehead get sunburn easily? ☐ Yes ☐ No
Do you sunburn easily? ☐ Yes ☐ No

Aesthetic Considerations:

These questions help the doctor understand how you personally view your current nasal aesthetics

Do you have a preferred side to show or position when pictures of you are taken? ☐ Yes ☐ No ☐ Don't Know
Do you like the overall shape of your nose? ☐ Yes ☐ No ☐ Don't Know
Is the tip of your nose heavy, boxy or pinched? _____
Is the dorsum of your nose too high or wide? _____
Is your nose tipped up too much? ☐ Yes ☐ No ☐ Don't Know
Is your nose drooping down too much? ☐ Yes ☐ No ☐ Don't Know
Are your nostrils symmetric? ☐ Yes ☐ No ☐ Don't Know
Have you thought about changing the shape of your nose? ☐ Yes ☐ No
What are your concerns regarding changing the shape of your nose? _____
How soon would you like to arrange for surgery? ☐ Within 6 months ☐ Within 12 months ☐ After 12 months